

St Martin's Parish Church Directory

Rector	Revd Daniel Foot	238303
Rector's Warden	Laura Stockwell	235498
People's Warden	Paul Steele	233203
Honorary Treasurer	Neil de la Mare	237816
Organist & Choir	Joan Le Flem	201108
Men's Society	Patrick Banfield	patrick@cwgsy.net
Ladies of Faith Together (LOFT)	Sara Dorey	235845
Music Group	Joan Le Flem	201108
Cloak Magazine Advertising	Carol Guille	258364
Church Flowers	Susan Banfield	susanb@cwgsy.net
Cloak Coffee Mornings	Sally Windsor	256342
Church Office	Claire Holliday	231197
Youth & Children's Minister	Claudia Evans Cox	07781 165077
Youth & Children's Minister	Natasha Luggar	07781 144222

Find us on Facebook pages: 'St Martin's Church, Guernsey'

'Roundabout, St Martin's'
'St Martin's Junior Church'





Details of St Martin's Parish Church and its services can be found at: www.stmartinschurch.gg

Les Camps Methodist Church Directory

Minister	Revd Stephen Dallin	01481 239144
Leadership Team	Yvette Barbe	07911 733721
	Jean Carre	07781 427947
	Robyn Craig	07911 712272
	Don Lowe	07911 715712
	Vonnie Mahoney-Bougourd	07781 139992
	Andrew Redhead	01481 233150
	Sarah Snell	07911 718812
Discipleship & Small Group	Helen Mahoney	07911 712271
Coordinator		

Welcome to the April edition of the Cloak

Our Spring 2025 edition covers April and May, a season which includes Easter celebrations and of course our 80th Liberation Day festivities.

It seems entirely appropriate to devote most of this edition to some remarkable people who have lived and worked in the Parish. These include;

- rags to riches story of the generous benefactor of our Community Centre, Professor Shaw,
- broad ranging interview with our new Constable, Carla Bauer - Mary Peters and Victor Hugo make an appearance,
- a humorous and moving article by Denise Cohu about her time at the Russels Day Centre, and
- an unsolved mystery linking the parish of St Martin to erstwhile second wife of Henry VIII, Anne Boleyn.

We hope you enjoy reading the Cloak with your morning brew and a biscuit.

Photographs & Anecdotes

If you have taken any photographs or have any parish anecdotes you would like to have featured in the Cloak, please send them to:

cloak@stmartinschurch.gg

Cover by Linda O'Leary - steps to Saints Harbour

St Martin's Cloak

Covering the Whole Parish



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Rector's Letter

Dear Friends

The world is in desperate need of liberation.

As I write this letter, a ceasefire is finally being discussed in Ukraine after three years of brutal conflict. A tentative ceasefire is still being upheld between Israel and Gaza, and over the weekend hundreds of people were killed in Syria, because of their race and beliefs.

Likewise, all over the world, Christians are persecuted for their beliefs. According to a recent report by Open Doors, an international charity that supports persecuted Christians across the world, over 380 million Christians currently face high levels of persecution, with an estimated 4,476 Christians killed because of their faith last year.

Many people hope for and work towards bringing peace throughout the world, but peace for peace's sake doesn't bring real transformation. What is needed in these areas is liberation.

Of course, this edition also covers our own Liberation. May 9th is a day of celebration when we look back with thankfulness to the day, 80 years ago when the people of this Island were finally unshackled and liberated from the forces of evil.

But that isn't the only celebration of liberation that this edition covers, because the end of April is the great festival of Easter.



Easter is all about Liberation

The New Testament constantly speaks of Jesus' death on the cross and His resurrection in terms of liberation for us, release from captivity and being unshackled from the forces of evil and sin.

In effect, Easter proclaims that we are free from sin's grasp because Jesus paid with His life for us to be forgiven for the mistakes we make. Of course, the right response to that isn't just to keep on doing wrong, but to live for God, something that Christians strive to do.

So I would like to invite you to join us for our Easter festivities and the leadup to them in Holy Week. Details of all our events are available within this magazine and on the Church's website (stmartinschurch.gg)

And whilst we enjoy these two great festivals of Liberation, let's pause for a moment and think at what cost it was to those who paid the ultimate price for our freedom, and those who are still suffering to secure their own freedom in countries around the world.

I wish you a happy liberation and a blessed Easter.

God bless

Rev Daniel

Parish Matters

Dear Parishioners,

Saint's Bay Kiosk

Spring is in the air finally after a very wet winter and the parish is planning work on the steps that run down the cliffs either side of the kiosk. We have new tenants, Lucy and Anton, who have already opened on dry weekends, so to keep an eye on when they are open, go to Facebook at Saints Bay Beach Kiosk 2025. The kiosk will be open 7 days a week from April 6th until September 30th 10am to 5pm, although they may extend times midsummer.

Parish Rates

By the time you read this the parish meeting to approve the Remede (budget) will have taken place. The overall increase in rates has only gone up £5,000, so well under 1%. Rate bills will be sent out in April.

Building works

We hope to have the building works completed by the end of March with the library moving to the Constables office side, so it is accessible 5 days a week 9am-12:30pm when the office is open. A lot of work has been carried out voluntarily by members of the Douzaine which has saved ratepayers well over £50,000 in labour charges. We cannot thank them enough for all the time and effort they have put in.

Renting space

We will be offering the Ben Gregg Room for renting on an hourly basis from April, which has a stair lift, disabled toilet and a kitchen for those who just need a room for short periods of time, at £25 per hour. The Room can seat 15 people around the table with Wi-Fi access and a TV to carry out power point presentations. Booking can be made by emailing info@stmartinsconstables.com or call 238363 during office opening hours.



Lucy and Anton open for business

The parish hall which has been available for years, has had a makeover and has a full operating kitchen. We now have a projector and a screen available from April for Parties, Meetings, Weddings, Funerals and more. Enquiries to Hayley at info@stmartinsconstables.com or call 238363.

Welfare and help

Sadly, we are seeing people sleeping in cars, vans, in bus shelters and many are sofa surfing as they can't find or afford a home.

If you know of anyone in this situation who is suffering financial hardship, the parish welfare team may be able to help and it would be in full confidentiality. Contact the office on 238363 and we will pass their details on to the Welfare Committee.

Refuse collections

There are no changes to St Martin's bin collections throughout the bank holidays through to September. We will advise on the Christmas collections in the Autumn.

Enjoy spring and the parish walks, and we will continue to do our best at looking after St Martin's.

Dave Beausire Senior Constable



St Martin's Parish Church

Special Services and Events:

Sunday 13th April 9.45am Palm Sunday

Arrive at the community centre to meet the donkey

14th 15th 16th April 6pm short reflective services (Compline)

Thursday 17th April Maunday Thursday; 6pm supper at the Community

Centre - book your ticket stmartinschurch.gg

Friday 18th April 10am Craft morning; **2pm** Vigil: Reflections of Cross

Sunday 20th April Easter **S**unday; **5.50am** Sunrise at Jerbourg;

10am Easter Celebration Service - Easter Egg hunt

Sunday 27th April 10am Easter Songs of Praise

Sunday 11th May 10am Liberation Themed Service

Sunday 18th May Lunch at Jerbourg Hotel (sign-up in Church porch)

Sunday 1st June Ascension Day **Sunday 8th June** Pentecost Sunday

Sunday 15th June Fathers Day; TBC pork baps afterwards, see website **Sunday 29th June** Leprosy Sunday with Chris Stratta, Leprosy Mission

Sunday 6th July St Martin's Day

More details on church notice board or email claireh@stmartinschurch.gg

Regular Services and Events:

Our regular Sunday services are

8am Book of Common Prayer

9.15am Bubble Church (at the Community Centre)

10am Holy Communion

10am Junior Church (at the Community Centre)

6.30pm Evensong

Thursdays during the school term: **2pm** Holy Communion

A short service held upstairs at the Community Centre, followed by refreshments.

Roundabout Parent and Toddler Group

Wednesday Mornings (term time) at 10am - St Martin's Community Centre

Coffee/Craft morning

Alternate Tuesday Mornings at 10am - St Martin's Community Centre

Youth Group

Thursday at 7pm - St Martin's Community Centre

Les Camps Methodist Church

Services and Activities:

Sundays:

Worship at 10.30am with Lightbulb and Crèche for 0–16 years.

Worship at 6pm

Youth Cell at 7.30pm

Cell Groups:

These small groups meet at various times during the day and evening throughout the week. They are an opportunity for fellowship alongside learning how to live a life centred around Jesus.

For further information please contact Revd Stephen Dallin 01481 239144 or Helen Mahoney, Discipleship and Small Group Coordinator 07911 712271 helenmahoney@methodist.org.qq

Knit and Natter:

On the second & fourth Thursday of the month between **2pm** & **4pm** is a chance to sit and knit and catch up with friends old and new.

Saturday Pop-in:

On the first & third Saturday of the month between **10am** & **12 noon** our church hall is open for people to meet for a cup of tea or coffee and a biscuit or two.

Tuesday Toddlers:

In the hall next to Les Camps church **9.30am** to **11.15am** (term time). Plenty of activities and play for the children. Refreshments are served, then song time is at the end of the session.

For further information please contact Claire Teed 07781 416124

Who was Professor Shaw?

The St Martin's Community Centre is a well-used hub for many activities in the Parish. It is hard to imagine where else they could be held. But did you know that it was substantially funded by the generosity of a Yorkshireman named Professor Leonard Shaw? If you did, how much do you know about him?



He was born in Bradford in 1912 and came, by his own admission, from a poor background. However, he was very intelligent and determined. He did not thrive at school, which he hated, because he did not believe in studying subjects which would not be of use to him.

He did consider science and music worthwhile. Indeed, by the age of 10 he was playing the piano in a local cinema to accompany silent movies, and it was expected that he would have a career as a professional musician.

Leaving school coincided with the Depression and he could not obtain normal employment. But young Leonard used his initiative by selling brushes and other goods door to door which he bought from Woolworths.

He then progressed to owning a small shop, selling radios for use inside people's homes, once again, door to door. When a householder showed interest, he quickly installed a radio and completed a hire purchase form. He then managed to obtain a job in a radio factory which was poorly paid but a great education.





First and second radio repair shops autobiography "From Proverty to Luxury Yacht."

Leonard had always been fascinated by transport and speed, from a tricycle and bicycle as a boy, to a motor bike and a car as a young man. At the age of nineteen he had a serious motorcycle accident in which he nearly lost a leg and spent six months in hospital with a further year on crutches.

World War II started in 1939, but he was rejected for military service on account of his leg. However, a recruiting sergeant found out that he had radio knowledge, and he was allowed to volunteer to serve in a local radar station. He ended up in command of the station with ten staff by the end of the war.

After the war he acquired a second radio shop and overcame the post-war shortage of machines by buying a large number of defective radios at a discount and repairing them.

He then decided to branch into a field which he found more interesting which was electronics. He initially tried to build a variety of devices but soon realised that he could not compete with the resources of large firms. In fact, he became a great advocate of specialising in specific projects and focusing on solving problems within them. Therefore, he decided to concentrate on the invention of a meter to measure the amount of moisture present in wool. These machines are known as hygrometers, and he produced the first one in 1952.



Modern day hygrometer made by Shaw.

They rapidly became indispensable to the many textile manufactures in the area and soon the whole of the country.

He adapted them for use in other applications such as oil rigs, nuclear reactors and space craft. They are still produced from the factory which he established in Bradford, and they are exported to over 100 countries. No one else has been able to invent one. Professor Shaw's company was awarded the Queen's Award for Export and Technology in 1986.

Professor Shaw's interests extended beyond motorcycles and cars. He also owned and operated boats, yachts and aircraft throughout his life. He would acquire a machine and then exchange it for an upgraded version as technology and his bank balance allowed.

He was also interested in art which was sparked by a painting called Fog on Guernsey by Auguste Renoir, which he purchased for its Island connection. He displayed it out of sight, choosing instead to place a painting by local artist Pamela Dorey on the mantlepiece!

Whilst he gained personal pleasure from being surrounded by art which gave him enjoyment, his main objective was to invest so that the items could benefit his favourite charities. He also collected jewellery and watches.

He and his wife Barbara settled in Guernsey in 1976 and enjoyed 35 together as residents. Professor Shaw died on 12th January 2011.

Richard Corbin



5th May to 16th May 2025

Community Plan for St Martin

Exhibition & Feedback

On display in the Parish Hall
during opening hours

5th May 2025 from 10am to 12 noon

Parish Litter Pick – All Welcome

10th May 2025
Liberation Day
80th CELEBRATIONS!
at The Queen's Hotel

Hedge Cutting 2025

Please ensure your hedges are cut during the following dates. 1st – 15th June, 15th – 30th September

4th November 2025 at 7pm
Autumn Parish Meeting and
Parish Official Elections

9th November 2025 at 10.30am

Remembrance Sunday Memorial Service outside the Parish Hall

1st December 2025 at 6pm
Christmas Market at the
Parish Hall and Community Centre

Frequently notifications are sent out to parishioners by MailChimp, if you wish to receive these e-mails then please send your e-mail address titled MailChimp to info@stmartinsconstables.com

Constables of St Martin Parish Hall La Grande Rue St Martin GY4 6LO

Email: info@stmartinsconstables.com | Tel: 01481 238363 Office opening hours: Monday to Friday from 9am–12.30pm







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Carla Bauer

The Cloak took the opportunity to meet our new Constable, Carla Bauer to find out a bit more. She was educated in Northern Ireland and graduated with a Business Studies Degree from University of the West of England ("UWE"), Bristol.

She fell in love with Guernsey after a memorable holiday here and moved to the Island in 1996 working in the private sector before being elected to the States in 2004. She served as a Deputy for 8 years, including a four-year stint in Commerce and Employment as Minister, and qualified as an IOD Chartered Director in 2012.



Outside of work, she has a varied list of voluntary roles including Rotary Club, accredited Island Guide, leadership roles in the Walking Festival and Island Games, and serving as a St Martin Douzenier since 2020.

Carla agreed to answer a few questions about herself and aspirations for the parish.

Q: Who is your childhood hero and why?

I would pick Gold Olympian Mary Peters who personally presented my GCE 'O' level certificates and was committed to her sport and a real achiever!

Q: What is the best holiday you've had?

Too many to say! But a very special one was my first visit to Guernsey; it was in springtime and that coastal walk from Fermain to St Martins Point was so memorable.

Q: Your favourite Guernsey story?

Victor Hugo and his 15-year exile in Guernsey. The prolific writing, the art, his flamboyant relationships and personality, his social leanings and humanitarian drive, and not least, his Hauteville House - a Guernsey treasure!

His book "Les Travailleurs de la Mer" and its epilogue are a favourite for me.

A quote very pertinent to 2025...

"In joined hands there is still some token of hope, in the clinched fist none"

Q: What is your proudest achievement?

I've been very lucky to have achieved a lot in various walks of life but a little achievement I am proud of relates to my time on the Guernsey Dairy board. At that time, some of our amazing Guernsey butter was sent to Ireland to be cut and packed in individual foil portions, to be returned and sold to local hotels and restaurants. But at a significant cost and all those food miles! I suggested Guernsey butter foil lids for little butter dishes...and to my delight they are still in use today in many places around the Island.



Q: What are your tips for the next Government?

Consult with the people you represent. Plan for the long-term future. Make commitments appropriate for our Islands. Agree decisions and stick to them.

Q: What is your vision for St Martin's parish?

THE centre of the universe! Seriously, we are so lucky to live in such a wonderful Parish! We have a good range of amenities and retail, a fantastic coastline, wonderful lanes and green areas, and lovely residents with a great community feel. However, I would like to see derelict and empty properties better utilised, more outdoor community areas, and much improved public transport arrangements, so we could be less reliant on our cars.



Q: How will the Community Plan help?

It's a great opportunity for all parishioners to have their say in their vision for St Martin. Once it's been through several stages of consultation, it will be integrated into the gov.gg planning website and will be accessible for the planners and developers to refer to when making any development decisions in the parish.

It also has the potential for opening opportunities for community projects if any gaps in facilities and services currently exist.

Community Plan

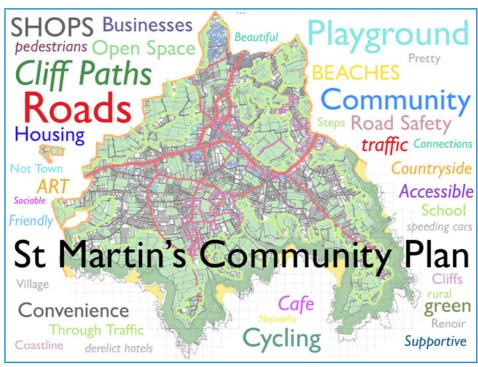
Have your say...

Work has started on a Community Plan for the Parish with a request for all those who live in St Martin to consider the built and natural environment and respond to three questions:

- 1. What aspects of St Martin do you like most?
- 2. What aspects of St Martin would you like to see changed?
- 3. Do you have any ideas for improvements that you would like to share?

The picture below may help. Responses to info@stmartinsconstables.







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Minestrone Soup

My remit for this April/May Cloak magazine was to provide a recipe for Spring. It's all very well but what would you call a Spring recipe? I thought of Easter and maybe a simnel cake, but we've already done that one.

Then it struck me, what about minestrone soup? It's not a thick winter soup like leek and potato and we're using peas and beans that are spring vegetables, and I have a most delicious recipe, so I thought I'd share it with you.



For variation try adding cannellini beans instead of pasta and instead of tomato puree stir in some fresh pesto. (I've never been brave enough to do either of these!)

Carol Guille

To ponder...

In times of war and not before,
God and the solider we adore.
But in times of peace
and all things righted,
God is forgotten
and the solider slighted.

Rudyard Kipling

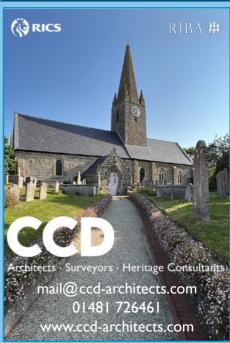
Ingredients

- 25g butter
- 2 rashers smoked bacon
- 1 small leek
- 1 small onion
- 1 clove garlic
- 1 small carrot
- 1 − 2 sticks celery
- 1½ litres chicken stock (I make my own stock, but stock cubes can be used)
- 175g cabbage
- 125g runner beans
- 3 tablespoons frozen peas (I use fresh from the garden!)
- 25g short cut macaroni
- 1 level tablespoon tomato puree or 4 fresh tomatoes
- Salt and pepper
- Fresh parmesan to serve (I don't use this)

To Make:

- Chop the bacon, finely chop the onion, crush the garlic, wash and slice the celery.
- 2. Trim and wash the leek, cut into circles and cut these in half.
- 3. Peel the carrot and cut into thin strips about 3cms long.
- Melt the butter in a large saucepan on a medium heat and add the chopped bacon, cook until browned, add the onion, leek and garlic to the pan and cook until softened.
- Add the carrot, celery and stock to the pan and bring to the boil, cover and simmer for about 20 minutes.
- 6. Shred the cabbage, thinly slice the beans and add to the pan. Add the peas and macaroni and cook for a further 20 minutes.
- Add the tomato puree and stir well, bring back to the boil and season to taste.
- 8. If using fresh tomatoes, cut a cross into the tomato skin and plunge into boiling water, leave the tomatoes in the water for 5 minutes then remove the skins. (carefully, they will be hot!) Finely chop the tomatoes and add to the pan, bring back to the boil and season to taste.
- 9. Serve hot with freshly grated parmesan (if wanted)





Goodbye Denise

With mixed emotions I shall soon be leaving my Manager's post of the last nine years at the Russels Social Club, Le Grand Courtil and saying goodbye to the wonderful volunteers, staff, care staff and supported living staff on site.



Denise Cohu, Russels Manager

Time has flown since I first took up the post and so many changes have taken place. Most notably our aging community is living longer than ever before and remaining at home for longer too.

As a social centre, we have adapted our services and mindset to embrace the needs of our frailer clients, many with impaired mobility or dementia. Whilst we care deeply, we are not carers.

I look back fondly on the many characters that it has been a privilege to get to know and the knowledge and experience learned from them. There have been trials and traumas that people-centred occupations bring, coupled with emotional highs and lows and fun and laughter.

I will never forget a plastic box being deposited on my desk early one morning – a set of dentures arriving before their owner.

Or a vivid memory of a lady in her nineties, a ballet dancer in her younger years, responding to an encouragement during an armchair exercise routine, to gently raise one leg and then the other, by kicking her leg right above her head!

Also recalling a zen like gentleman, again in his nineties, who would frequently be found standing on his head against any spare wall space!



Another vivid image, during a French themed week, is of an elderly gentleman arriving in his Guernsey and beret with an enormous onion in each hand! He was followed by another gentleman striding out draped from shoulder to toe in the French Tricoleur flag, carrying a bottle of red wine and a baguette under his arm!

Wonderful images, wonderful people and the best of times!!

Denise Cohu





The Guernsey Voluntary Service (GVS) was launched as an independent charity in 2011 incorprating all the services previously provided by the Women's Voluntary Service which was formed in 1949.

GVS believes that no one should feel isolated or alone in Guernsey and offers various community services including Meals on Wheels and two social clubs, one of which is The Russels in St Martin.

It is staffed by volunteers and provides a comfortable meeting place for older members of the community (including a three course meal and cake).

Thank you Denise and all volunteers for giving your time and care.

Editor

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Young People

Craft Morning

Good Friday Craft morning is held 10am-1pm on 18th of April for 7–16-year-olds at St Martin's Community Centre. It is a fun, creative and messy morning looking at stories from the bible and turning them into colourful displays for the church.

If your child is between 4-7 years of age and they would like to attend they must be accompanied by an adult and please get in touch beforehand.

We hold this craft morning yearly looking at a different theme. Last year we looked at 'The Kingdom of Heaven is like...' and together created boards exploring this theme. We looked at different parables of what the Kingdom of Heaven is like including the talents, nets gathering and sorting fish, a pearl of great value and a mustard seed being the smallest seed but growing into the biggest of plants.

This year we are looking at the Beatitudes which lists characteristics and blessing starting with 'Blessed are the...' which can be found in Matthew 5:1-12.



Messy creativity in action

You do not need to be a Christian to come along and learn about some different stories! If you would like to join us this year, then please email Natasha to book: natashal@stmartinschurch.gg We please ask that everyone brings a packed lunch and wears old clothing.

Claudia Evans-Cox



Funeral Anecdotes

The former pastor of a local Pentecostal church was in the habit of going about his day-to-day business thanking God for anything and everything that happened in life. "Thank God that Mrs Gravis has given birth to a healthy baby boy", "Thank God the builders repaired the church roof before last week's ferocious storm" or "Thank God Mr Azrael passed away peacefully" were typical of the sayings he uttered to express divine gratitude. So habitually did he say, 'Thank God' that unbeknown to him, many of the church officers and members of the congregation nicknamed him "Thank God."

Once, shortly before a funeral service an almighty shower burst forth from the heavens. The pastor arrived at the church in the midst of the torrential downpour not wearing a raincoat or clutching an umbrella. He was thoroughly drenched, soaked through to the skin. One of the church stewards who watched him stride brusquely across the churchyard wryly remarked: "I wonder what he has to thank God about today?" As the sodden pastor entered the church, he vigorously wiped his feet on the doormat, then turned to the stewards and said: "Thank God every day isn't like this!"

Gary Vaudin







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The Boleyn Connection?

I was once told that the crest above the gateway at Le Vallon was the Boleyn crest. It was thought that the family of Anne Boleyn had fled to seek refuge in Guernsey at the time of Anne's imprisonment in the Tower of London. My interest grew on visiting Blickling Hall in Norfolk and on reading "The Boleyn Inheritance" by Philippa Gregory.



However, I discovered that this is the crest of the Carey family.

The present house at Le Vallon was built in the 17th century and there is a cottage in the grounds dating back to 1611 so it is possible that there was a house there in the late 14th century. The Carey crest, above the gateway, was found above the door of a building down at the harbour of St Peter Port, it belonged to Peter Careye (sic) and dates from 1595.

There were three Boleyn siblings, Mary, Anne and Thomas. Blickling Hall in Norfolk is where they were born and where they spent a carefree childhood. The original building was burned down and replaced by the present 17th century mansion built within the existing Tudor moat.



Mary, Anne and Thomas all spent some time at the Court of Francois 1 to learn to speak French and conduct themselves in a royal residence before entering the Court of Henry VIII. Henry was still young and fit; he enjoyed dancing and had the pick of the young ladies who jostled for his attention. One young woman stood out with her dark hair and eyes and sharp wit - Anne Boleyn.



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After Anne's marriage to Henry, Mary and Thomas became members of the Royal Household with close proximity to the king.

Sadly, Anne eventually fell out of favour and was imprisoned in the Tower of London awaiting her execution. Understandably, her family would have felt threatened in the hysterical atmosphere of random executions. No record of the family has been found at this time.

By then Mary was married to Thomas Carey and they had two children. Thomas was also a prominent member of the Court so it is probable that they sought refuge as far away as possible from London and the intrigues and jealousies of the King's Court.



If Thomas was related to the Careys of Guernsey and knew of the island, what could be a better place to lie low until the perceived danger was over and they could return home?

Evelyn Millard

An intriging mystery! Are there any Cloak readers who can add to the story?



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The Community Centre

Shotokan Karate

This month I thought I would try out Vlade's karate class. Vlade Zekavica has been teaching karate for over 50 years, and if there was ever a walking advert for the benefits of karate Vlade is your man. He is based at the Community Centre teaching all ages.

I arrived ready for the 5:30pm start and was greeted by the lovely Vicky who was very reassuring and welcoming. Vlade soon arrived in his karate get up (I was very casual in my leggings and bare feet). There was a large range of ages from 9 years to adults. We did some gentle warm up exercises and then the proper teaching started.



Vlade creates a lovely teaching environment; he is patient and clear with his instructions building up sequences slowly. We worked through several routines and then practiced these with partners.

My poor partner had to put up with a lot – getting my left and right confused, where was my right leg? But by the end we were in a wonderful flow, and I started to understand more and more about the technique. Vlade would ensure we were all getting the best out of the class gently encouraging and building on what we had mastered.

The hour went really fast and by the end I felt I had had a proper work-out for both my body and my brain! I would encourage anyone who is interested to give it try.

Monday & Thursdays 5.30pm - beginners to red belts 6.15pm - yellow to black belts £10 per session (£8 for children)

The Guernsey Institute - TGI

We are delighted to be welcoming back TGI College to the Community Centre the week beginning 7 April. This will be an opportunity to try some of the courses they offer for free from basic hair braiding to numeracy and literacy skills. Go to their website (see poster) for more information.

Rebecca Silk

PARISH INFORMATION 2025

The Constable's Office is open 9am until 12.30 noon Monday to Friday

If you would like to speak to the Constables, they can be contacted through the
numbers below.

		Hullibers belov	٧.		
Constables Office			238363		
Parish Hall (Caretaker			07781 140831	
Email			info@stmartinsconstables.com		
Facebook			Constables of St Martin		
Cemetery E	nquiries	Mr. G. Vaudin		07781 103580	
Constables		Mr. D. Beausire		237878	
		Ms. C. Bauer		235966	
Welfare Chairperson		Mr. L. Hill-Tout		07781 427747	
Douzaine	Mr. B. Gregg	237000	Ms. C. Bauer	235966	
	Mr. R. Clark	232852	Mr. L. Hill-Tout	07781 427747	
	Mr. P. Merrien	236831	Mr. P. Dorey	235845	
	Mr. M. Priaulx	238442	Mrs. C. Cormack	237576	
	Mr. I. Pallot	236120	Mr. J. Wilkes-Green	238008	
	Mr. D. Rix	07781 414500	Mr. G. Naidoo	07781 102845	





If you have specific requirements that need to be met and don't see any properties currently for sale, that match them, we can help.

Sometimes, homeowners just need to know there is interest in their property in order to consider selling and those people may respond to a direct approach.

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- Track down property owners and approach them confidentially on your behalf
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